

Independent Member Folder for 2022 Education Program Year

There have been changes to the Accomplishment Report/Tabulated Data.

- Please mark the form as Independent Member.
- Tabulate data for all the lessons you read and/or shared.
- You may choose to have the summary report be:
 - A. Judged on *one* educational program lesson and compete for an award.
 - B. NOT be judged. If you wish, you may summarize your year.

The Accomplishment Report/Tabulated Data and Community Service Project forms are available from your local County Council EPC, County Council Advisor and KAFCE's web site <http://www.kafce.org/forms.htm>. Or contact KAFCE State Vice President, Faye Spencer, 520 Gail Drive, Salina, KS 67401 785-201-2143; spencerb@sbcglobal.net.

By December 1, 2022-Mail the completed Accomplishment Report to the **State EPC Chair**, Tina Bailey, 15112 142 Road, Mayetta, 66509; H-785-966-2457; C-785-633-5606.

Your Tabulated Data will be included with other Independent members, FCE Units, and County Councils. This data is sent to the NAFCE who reports all the educational program lesson's volunteer work to the United Nations and ACWW.

KAFCE and NAFCE Forms and Lessons:

Education Program Guide

2022 Program Evaluation Survey

"Character Counts!-Fairness" Materials include the NAFCE booklet and supplement written by Linda Hess, KAFCE State EPC.

"Cooking for One or Two" by Tina Bailey, KAFCE State EPC.

"Destination: Oregon" by Faye Spence, KAFCE State Vice President. Lesson includes a Leader's Guide and a Member Handout.

"Gaslighting" by Cindy Kiser, KAFCE State EPC. Materials includes a Leader's Guide, a Member Handout, and NAFCE Hearth Fire Series*** # 29 "Woman to Woman – Why Should Love Hurt?" and # 30 Woman to Woman – Resisting the Deadly Triangle of Violence".

"Last Wishes: Funeral Planning" By Linda Hess, KAFCE State EPC. Materials includes Member Lesson Handout, Memorial Planning Guide handout and NAFCE Hearth Fire Series #59 "Advance Directives – Do I Want/Need Them?"

Supplement to the following K-State lessons is the NAFCE Hearth Fire Series # 27 "Someone's in the USA saying – Show Me the Power of Healing Foods".

K-STATE - Leader's Guide and Member's Fact Sheet for each lesson:

"Lower Your Risk of Breast Cancer" – *Deb Andres, Extension Agent; Sandy Procter, Assistant Professor/State Extension Specialist.*

"Make a Med DASH to a Healthy Heart!" – *Sandy Procter, Assistant Professor/State Extension Specialist; Sharolyn Jackson, Regional Specialist.*

"More Plants on the Plate" – *Donna Krug, Extension District Director, revision of Donna's 2011 lesson.*

Note: Forms and lessons also available at web site: <http://www.kafce.org/forms.htm> or <https://bookstore.ksre.ksu.edu/>).