

Southwind District Staff



Carla Nemecek
Director



Kathy McEwan
Food & Nutrition



Krista Harding
Horticulture



Jennifer Terrell
4-H & Youth
Development



Chris Petty
Livestock & Forage
Management



Joy Miller
Wellness,
Adult Development
& Aging

For more information
contact one of the
Southwind Extension
District Offices:

Iola Office
1 N Washington
Iola, KS 66749
620-365-2242

Erie Office
111 S. Butler
Erie, KS 66733
620-244-3826

Ft. Scott Office
210 S. National
Ft. Scott, KS 66701
620-223-3720

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Southwind District

2018
Speakers
Bureau

2018 Southwind District Speakers Bureau Topics

As adult educators, K-State Research and Extension, Southwind District agents offer expertise on a variety of different topics. Our goal is to serve our community, whether through traditional extension programming or as an educational presenter for your church group, civic organization or other club. We are flexible with location and will tailor the length of the presentation to fit your group's needs. The following is a list of topics our agents cover.

Let's Play Leadership in the Classroom

Jennifer Terrell

What a better way to learn about leadership than through play! Geared for the classroom this program has 9 sessions with various team building games encouraging students to work together and gain all important leadership skills. This program can be adjusted for a program on demand.

Alzheimer's 101

Joy Miller

Gray for a Day aims to educate participants on age-related sensory and functional challenges some adults might face. Participants will gear up, participate in various activities, and have some discussion about how to protect yourself from these declines in the future.

Herb Growing

Krista Harding

Whether for culinary or medicinal purposes, herbs are a versatile plant. Are you interested in learning how to grow your own herbs? This presentation will cover herb care and maintenance, how to incorporate herbs into the landscape, as well as tips for growing herbs in your own kitchen.

Everything But the Moo

Chris Petty

This program is a continuation of the popular "Everything but the Oink" program, and visually illustrates many of the non-food items made from cattle. The program is based on the idea that Native Americans used every part of the buffalo and wasted nothing. Today, we still use nearly every part of the food animal. Examples of these products include leather, gelatin, china, cosmetics and fertilizers.

PSE Work - What is it and Why does it Matter?

Kathy McEwan

How can we implement policy, systems, and environmental (PSE) changes in our communities? All sectors of society, including individuals and families, educators and health professionals, communities, organizations, businesses, and policymakers, contribute to the food and physical activity environments in which people live, learn, work, and play. Implementing PSE efforts helps create conditions where people are encouraged to act on their education and awareness, and where the healthy choice becomes the easy, preferred choice resulting in meaningful impact on all areas of our health as a community.

Strategic Planning

Carla Nemecek

We all know how hard it is to accomplish anything without a plan. Whether you are preparing for a vacation, cooking dinner or coaching a little league ballgame – everything goes more smoothly with a plan. You need directions, a recipe or a playbook for your activity to be successful. With any business or community organization, this plan is called strategic planning. The future of your organization is important, why not set aside time to actually create the roadmap for your future today? This topic is appropriate for any civic or business group wishing to create a path for their future.

Additional Topics:

- From Pasture to Plate
- Andragogy: How the Adult Learns
- Medicare Basics
- Advance Healthcare Directives
- Southwind Extension Making a Difference
- Board Leadership