COVID-19 Resources Available Through Southwind Extension District

The State-wide stay-at-home order has been lifted, but life and work are far from "back to normal" for most of us amid the COVID-19 pandemic. Social distancing, cleaning and disinfecting, wearing face masks in public, are all reminders of the past several weeks. Some businesses will be reopening with guidelines and some employees will be giving up home offices to return to the workplace. Lots of questions still remain about staying safe and healthy.

Whether working from our offices or remotely from our homes, Southwind Extension agents and staff are still working for you! K-state Research & Extension and the Southwind District have gathered a great list of information and resources that are available on our website to provide you with the most current and accurate answers to the questions you might have. All things related to COVID-19 can be under that tab on the website menu. There is information for your business, your community, your family, your health, your home and your money. Need information about making a facemask, cleaning and disinfecting, grocery shopping safely, financial resources if you've been laid off, economic recovery, applying for SNAP benefits, family relationships? It's all there! Additionally, there are links to the Kansas Department of Health & Environment (KDHE) and the Centers for Disease Control and Prevention (CDC) for additional information about COVID-19.

The Southwind Extension District website can be found at <u>www.southwind.ksu.edu</u>. We are also on Facebook and Instagram, providing timely information.

As always, we are here for our communities, our counties and you. We can be contacted through any of our Southwind Extension offices by phone or by email. Office numbers are as follows: Erie – 620-244-3826; Fort Scott – 620-223-3720; Iola – 620-365-2242; and Yates Center – 620-625-8620.