

## Southwind District Staff



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Southwind District

**2017**  
**Speakers**  
**Bureau**

## 2017 Southwind District Speakers Bureau Topics

**Intro:** As adult educators, K-State Research and Extension, Southwind District agents offer expertise on a variety of different topics. Our goal is to serve our community, whether through traditional extension programming or as an educational presenter for your church group, civic organization or other club. We are flexible with location and will tailor the length of the presentation to fit your group's needs. The following is a list of topics our agents cover.

### **Everything But the Oink**

#### ***Chris Petty***

Native Americans used every part of the buffalo and wasted nothing. Today, we still use nearly every part of the food animal. This program visually illustrates some of the more than 185 non-food products that come from pigs. Examples of these products include gelatin, footballs, china, cosmetics and fertilizers.

### **Let's Play Leadership in the Classroom**

#### ***Jennifer Murphy***

What a better way to learn about leadership than through play! Geared for the classroom this program has 9 sessions with various team building games encouraging students to work together and gain all important leadership skills. This program can be adjusted for a program on demand.

### **Gray for a Day**

#### ***Joy Miller***

Gray for a Day aims to educate participants on age-related sensory and functional challenges some adults might face. Participants will gear up, participate in various activities, and have some discussion about how to protect yourself from these declines in the future.

### **Growing Veggies in Containers is Easy**

#### ***Krista Harding***

The desire for homegrown vegetables is increasingly popular as people become more interested in where their food comes from. It is hard to beat vegetables picked from your own garden! But for people with limited space, mobility or time, traditional gardening can be difficult. That's where container garden comes in. Vegetables can be grown in just about anything that will hold soil and water. This presentation will cover the basic steps to get your container garden started.

### **Is It Safe? Information on GMOs and Organic Foods for Consumers**

#### ***Kathy McEwan***

This presentation will provide an introductory overview to some of the benefits of genetically engineered foods (GMOs), organic and conventionally produced foods, as well as address consumer concerns with these products. Additionally, you will learn information on some of the nutritional content and food safety differences and similarities between organic and conventional food products.

### **Board Leadership**

#### ***Carla Nemecek***

Informed and committed board members are the key to healthy, effective boards and committees in our Kansas communities. Board Leadership will provide an opportunity for board members to learn the basics of being a good board member. Whether you are a member of a church board, a township board, or belong to any service organization with elected officers, this topic is appropriate for you.

### **Additional Topics:**

- **Prairie Star Flowers**
- **Time for Tea**
- **Southwind Extension District Success**
- **Alternative Pest Control**
- **Food Allergies Facts of Life**
- **Operation Red File**
- **From Pasture to Plate**