

**Southwind District  
4-H**

**New Family Booklet**

*To Make the Best*  
**BETTER**



**K-STATE**  
Research and Extension

Southwind District

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Dear 4-H Family,

Hello! And welcome to the Southwind Extension District 4-H program. We are excited that you have chosen to become a part of the nation’s largest youth organization. As you begin this new adventure we have created a booklet to be a resource to help answer any questions you may have.

The 4-H mission is to help our youth across the country build the following skills:

- ♣ Build lifelong skills that will help them prosper both personally and professionally
- ♣ Create positive relationships with peers and mentors
- ♣ Develop confidence in themselves
- ♣ Grow as a family through experiences and events
- ♣ Instill a love for continuous growing

In the Southwind District we do many things to help members develop these skills. This booklet will explain the structure of the organization, terminology, explanation of projects and general 4-H information. There is an extension office located within each of our district’s counties. The following is contact information for each office:

<b>Erie Office</b> 111 S Butler Erie, KS 66733 620-244-3826	<b>Fort Scott Office</b> 210 S National Ave. Fort Scott, KS 66701 620-233-3720	<b>Iola Office</b> 1006 N. State Street Iola, KS 66749 620-365-2242	<b>Yates Center Office</b> 211 W Butler Yates Center, KS 66783 620-625-8620
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Another form of communication we use is our district website that can be found at [www.southwind.k-state.edu](http://www.southwind.k-state.edu). We look forward to working with each of you to “Make the Best Better”! If you have additional questions, please contact any of our extension offices. Welcome to the Southwind District 4-H Family!

Sincerely,

*Jennifer Terrell*

4-H Youth Development Agent



*MaKayla Stroud*

4-H Program Assistant



# Annual Calendar

## October

- ♣ Enrollment opens October 1
- ♣ National 4-H Week
- ♣ Record Books (MIG's & PRR's) judged
- ♣ Officer training-District 4-H council meeting to follow
- ♣ State dog conference & quiz bowl
- ♣ 48 Hours of 4-H
- ♣ Clovers Care Charity Walk

## November

- ♣ Club financial reviews due November 1
- ♣ Achievement Banquet
- ♣ Officer installation
- ♣ Kansas Youth Leadership Forum
- ♣ Kansas Volunteer Leader Forum
- ♣ Equine Extravaganza
- ♣ WO Co. 4-H Council Meeting

## December

- ♣ Online enrollment closes December 1
- ♣ New Family Orientation
- ♣ Skating party-Sponsored by AL Co. 4-H Council

## January

- ♣ Area PRR screening
- ♣ 4-H Day entries due
- ♣ NO, BB & WO Co. 4-H Council meetings

## February

- ♣ District 4-H Day
- ♣ 4-H Supporters Week
- ♣ Citizenship in Action
- ♣ State 4-H scholarships due
- ♣ 4-H Ambassador Training
- ♣ State horse judging
- ♣ Horse Panorama
- ♣ AL Co. 4-H Council meeting

## March

- ♣ Regional 4-H Day
- ♣ District FCS Day
- ♣ Tractor Supply Company Appreciation Day
- ♣ K-State Junior Swine Producer Day
- ♣ K-State Junior Meat Goat Producer Day
- ♣ NO, BB & WO Co. 4-H Council meetings

## April

- ♣ Summer internship application due
- ♣ Shutterbugs in the Garden field trip
- ♣ AL Co. 4-H Council meeting

## May

- ♣ Horse ID's due May 1<sup>st</sup>
- ♣ Last day to add or drop projects-May 1<sup>st</sup>
- ♣ Discovery Days
- ♣ NO, BB & WO Co. council meetings

## June

- ♣ Discovery Days
- ♣ Emerald Circle Banquet for state award & scholarship winners
- ♣ Southeast Area Livestock Judging
- ♣ Southeast Area FCS Judging
- ♣ Southeast Area Favorite Foods Contest
- ♣ Southeast Area Horticulture Judging
- ♣ Campference
- ♣ District Horse Show
- ♣ State geology field trip
- ♣ Sunny Hills 4-H Camp
- ♣ Greenbush Adventure Camp
- ♣ Insect Spectacular
- ♣ AL Co. 4-H Council meeting
- ♣ Citizenship Washington Focus

## July

- ♣ Bourbon County Fair
- ♣ Woodson County Fair
- ♣ Allen County Fair
- ♣ Neosho County Fair
- ♣ NO, BB & WO Co. 4-H Council meetings

## August

- ♣ State Livestock Sweepstakes
- ♣ Kansas All Breeds Dairy Show
- ♣ Kansas 4-H Wheat Expo
- ♣ State Horticulture Judging
- ♣ AL Co. 4-H Council meeting

## September

- ♣ Kansas State Fair
- ♣ 4-H Council elections
- ♣ 4-H PDC Meeting
- ♣ NO, BB & WO Co. 4-H Council Meetings
- ♣ Record Books due to club leader

## WHAT'S WHAT IN 4-H?

### LOCAL CLUB LEVEL

**4-H Member:** Any child 7-19 years of age who fills out an enrollment card and meets the club requirements.

**Community Leader:** A volunteer who is responsible for the organizational part of the club.

**Project Leader:** A volunteer who helps teach 4-Hers the projects. This person is often a 4-H parent who agrees to help. It may also be Junior Leader or a person from the community who has knowledge in a particular subject matter area.

**Project:** A learning experience for the 4-H member. Each member must take at least one project. He or she also has many other project activities such as exhibiting at the county fair and completing the project record.

**Junior Leader:** A 4-H member who is in grades 6-12 and is enrolled in the Junior Leadership project. They take an active part in helping the younger members in the club. By doing this they learn leadership skills.

**Parent's Committee:** This is made up of 3-5 parents of club members. Duties will vary from club to club, but their basic responsibilities are: to give parental input into the 4-H club program in the planning stages, recruit and orient project leaders and/or community leaders, and assist the club leaders upon request. (May be called Advisory Committee).



### COUNTY LEVEL

**4-H Council:** 4-H Clubs each have three youth representatives to this group. The group plans 4-H activities & events to take place on county-wide basis while also organize fund raising projects.

**4-H PDC:** PDC stands for Program Development Committee. This is an elected body of six people. They are responsible for the program direction on a county basis.

**Extension Agents:** They are professionals who help carry out the PDC's objectives. A complete list of Agents can be found on our website: [www.southwind.ksu.edu](http://www.southwind.ksu.edu).

**Local Foundations:** They are non-profit organizations who work to provide additional resources for the local 4-H program.

### AREA LEVEL

**Area Office:** This office is located in Parsons. It contains an Area Director and several subject matter specialists including 4-H.

### STATE LEVEL

**State 4-H Specialists:** these people have responsibility for the 4-H program on a state wide basis. Each specialist is responsible for a specific part of the total 4-H program. They are based at Kansas State University in Manhattan.

**Kansas State University:** This land grant college has the responsibility for taking education to the people of the state and the 4-H program is part of that directive.

## MY PART AS A PARENT

As a parent I am responsible for getting my child to club and project meetings. I also need to know 4-H meeting dates and attend those meetings with my child. I also need to be willing to take on short term responsibilities such as:

- Furnish transportation for tours and other activities.
- Share refreshment and fund raising responsibilities.
- Help the club with community projects.

As a parent I also need to encourage and guide my child in project work, but not do the work for them. Learning project requirements and helping my child keep up-to-date records are also important aspects of being a 4-H parent.

## THE 4-H PROGRAM

### What is 4-H?

- 4-H is a volunteer led, Cooperative Extension supported, educational program that supplements the teaching of home, church, and school.
- 4-H is an informational educational program administered by the Cooperative Extension Service for all boys and girls 7-19 years of age whether they live in town, the country, or farm.
- 4-H is having fun and learning with their friends.
- 4-H is older 4-Hers sharing experiences and teaching younger members things that they have learned.

### What is the Primary Objective of 4-H?

The basic philosophy in 4-H is to strengthen the mental, physical, moral, and social development of boys and girls, therefore, helping to develop more desirable citizens and leaders. The main objective is the development of youth through participation in projects, events and various activities.

### 4-H Year and Age For Membership

All 4-H enrollment is due by December 1 to exhibit competitively as a 4-Her. Youth who are 7 years of age before January 1 and not older than 19 years of age may enroll. Any youth enrolling after the deadline cannot participate in competitive events at any level such as district 4-H day, county fair and any 4-H division shows.

 *To Make the Best*   
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## Project Selection

The selection of 4-H projects has expanded greatly. There are now more than 50 different projects. Most of the projects have been planned with several phases so that a member may advance to more difficult and challenging opportunities within the same subject area.

4-H projects take on a wide variety of interests and activities that are designed to attract girls and boys regardless of their place of residence, economic status, race, etc.

### HOW DO I SELECT PROJECTS?

Parents and the members should fully understand what is expected of the 4-Her before he or she enrolls in a project. Check with your local Extension Office regarding project specific curriculum.

Projects are selected in the early fall when 4-H Online enrollments are filled out or as soon as a new member joins. Usually, younger members should limit their number of projects. Older, more experienced members may be able to do several different projects.

Some factors that should be considered when selecting projects are:

1. Is the project in within the ability & age level of the 4-H member? Will the project challenge the member educationally?
2. How much time does a 4-H member need to dedicate to this project?
3. Is the project acceptable to the parents and does it fit into the family situation?
4. How much will the project cost?
5. Is there adequate space and equipment available?

### HOW ARE PROJECTS CONDUCTED?

Project work is conducted through various activities and events such as:

- ♣ Project meetings (in the local club or county-wide)
- ♣ Regular club meetings (demonstrations, project talks, etc.)
- ♣ Tours – to see projects of their members
- ♣ Field trips
- ♣ Family activity at home
- ♣ Exhibiting projects at shows, fairs, etc.
- ♣ Record keeping



## 4-H RECORDS

Each 4-H member must keep a record of his or her 4-H work. Records are not an extra task, but part of 4-H work. Few young people (adults are no exception) enjoy record keeping. However, in our society, the record keeping habit is quite valuable.

### WHAT RECORDS SHOULD BE COMPLETED?

4-Hers are asked to complete the minimum of a MIG (Member In Good Standing) and encouraged to complete one Project Record Report. The MIG should be in a green record book and contain the following:

- ♣ **Achievement Pin Application**
- ♣ **Yearly 4-H Participation Summary**
- ♣ **4-H Personal Information Page:** It contains space for a picture of the member, listing of projects, and the 4-H story. A new annual record sheet is issued each year.
- ♣ **Permanent Record:** The summary of all projects, exhibits made, offices held, events attended, and other participation for the entire year is made on the permanent record. Only one such record sheet is necessary for all the years that a youngster may be a member.
- ♣ **4-H Story**
- ♣ **3 Pages of General Pictures from 4-H Events or Projects**

For local project recognition, a 4-H member must complete a **Project Record Report**. There are 3 levels for the PRR: Junior (7-9), Intermediate (10-13), and Senior (14 & older). All ages are of January 1 of the current year. Only PRR's in the Senior Division are eligible for area screening. The PRR must be in a plastic folder with brads/prongs and contain:

- ♣ Copy of 4-H **Personal Information Page**
- ♣ **General or Animal Project** form for appropriate age division on regular copy paper
- ♣ All sections included and no additional pages

### WHEN SHOULD 4-H RECORDS BE COMPLETED?

4-H members are strongly encouraged to work on records throughout the year as they do their project work. This makes the completion of the MIG's and PRR easier at the end of the year. You can find forms for completing records and other forms on our website. Juniors may use pencils to complete their records. Intermediates and Seniors must complete on computer.

Most clubs ask that completed PRR forms and the MIG Book be turned into the community leaders as soon as possible after the county fair. You should specify to the club whether to consider the PRR for county award judging. All MIGS & PRR Books are due to club leaders by their suggested deadline. Once selections are made, MIGS and selected PRRs will be turned into the local Extension Office October 1. Only PRR forms will receive county recognition. Completion of MIGS helps the club earn the top seal of purple.



## 4-H TRIPS, AWARDS AND SCHOLARSHIPS

### WHAT 4-H AWARDS ARE AVAILABLE FOR ME?

**Achievement Pins:** Membership, Bronze, Clover, Silver, Silver Guard, Junior Leadership, Gold and Gold Guard are all honors 4-Hers can earn. 4-Hers need to fill out an application form for these awards. Details about what 4-Hers must do to qualify for the awards are available from the Extension Office and from your club leader.

**Key Award:** This highest award is given to the top 10% of 4-Hers 16 years and older. Special attention is given to leadership and achievement in all project areas. A special application form is required.

**County Project Awards:** Awards given to outstanding 4-Hers in each area (Visual Arts, Beef, Foods & Nutrition, Energy Management, etc.)

**Area Awards:** The top Project Record Reports in most of the project areas who are 14 years and older are sent to the Area level, where they are judged against top PRR forms from the other counties in the Southeast Area. No prizes or special awards are presented, the top two in the area earn the honor of competing on the State level.

**State Awards:** The top two PRR's from the area judging are sent to the State level, where they are judged against other top PRR's from the other four areas in Kansas. The top winner in each area receives a medallion at the Emerald Circle Banquet.



### WHAT 4-H SCHOLARSHIPS ARE AVAILABLE?

**Local Level:** Contact your local Extension Office regarding county specific scholarships.

**State & National Scholarships:** Scholarships ranging from \$100 to \$1,000 are available to outstanding 4-H members.

### WHAT TRIPS ARE AVAILABLE?

**National 4-H Conference** (Washington D.C.): Four outstanding 4-Hers from Kansas are selected to represent the state at this conference. Participants must be high school seniors or college freshmen and excel in leadership, achievement and citizenship.

**Citizenship Washington Focus:** All 4-Hers who meet the age requirements are eligible for this trip. 4-Hers from across the state level travel together.

**National 4-H Congress:** 4-Hers who are chosen as State Project Award winners are given the opportunity to travel with other State Project Award winners to Atlanta for a 4-Day fun-filled trip.

## 4-H Clubs by County

### Allen County:

#### ♣ City Slickers

- Meets 2<sup>nd</sup> Sunday at Riverside Park Community Building, Iola
- 4:00 PM
- Leader: Robbie Grisier - (620) 249-5893

#### ♣ Logan Pals

- Meets 4<sup>th</sup> Monday at St. Peter's Lutheran Church, Humboldt
- 7:00 PM
- Leader: Michelle Umholtz - (620) 473-2360

#### ♣ Prairie Dell

- Meets 1<sup>st</sup> Monday at Riverside Park Community Building, Iola
- 7:00 PM
- Leader: Terri Kretzmeier - (620) 365-5756

#### ♣ Prairie Rose

- Meets 2<sup>nd</sup> Sunday at Moran Senior Center, Moran
- 5:00 PM
- Leader: Kelci Botts (620) 363-1988

#### ♣ Square B

- Meets 2<sup>nd</sup> Monday at Allen County Courthouse Meeting Room, Iola
- 7:00 PM
- Leader: Becky Meiwes - (620) 365-0573



### Bourbon County:

#### ♣ Barnstormers

- Meets 2<sup>nd</sup> Wednesday at Bourbon County 4-H Building, Fort Scott
- 7:00 PM
- Leaders: Amanda Metcalf (620) 215-6957 & Katie Hueston (620) 768-9768

#### ♣ Hiattville

- Meets 1<sup>st</sup> Wednesday at Hiattville Methodist Church, Fort Scott
- 7:00 PM
- Leaders: Janet Beene (620) 547-2101 & Julie Fry (620) 547-2437

#### ♣ Northeast Scott

- Meets 2<sup>nd</sup> Wednesday at Hammond Community Center, Fort Scott
- 7:00 PM
- Leaders: Destiny Foulk (620) 719-7798 & Sue Reinecke (620) 223-2362

#### ♣ Uniontown

- Meets 2<sup>nd</sup> Sunday at Uniontown Community Building, Uniontown
- 6:00 PM
- Leaders: Sara Sutton - (620) 404-9982, Melanie Bloesser (620) 719-9176 & Deidra Maycumber (913) 433-4230

## Neosho County:

### ♣ **Best Yet**

- Meets 2nd Sunday at Home Savings Bank, Chanute
- 4:00 PM
- Leaders: Chelsea Jesseph (620)433-7596 & Jill Kepley (620) 432-1383

### ♣ **Hillcrest**

- Meets 2<sup>nd</sup> Sunday at Galesburg Community Center, Galesburg
- 4:00 PM
- Leader: Jamie Janssen (620) 778-3877

### ♣ **Jolly-Go-Getters**

- Meets 3<sup>rd</sup> Monday at Odense School House, Chanute
- 6:30 PM
- Leader: Alece Stockebrand (620) 431-1816

### ♣ **Jolly Jayhawkers**

- Meets 2<sup>nd</sup> Sunday at Grant Community Center, Stark
- 4:00 PM
- Leader: Rachele Cosby (620) 724-0852

### ♣ **Meadowlark**

- Meets 2<sup>nd</sup> Sunday at Thayer City Building, Thayer

- 4:00 PM
- Leader: Tiffany Schulz (620) 432-3913

### ♣ **Neosho Valley Busy Bees**

- Meets 2<sup>nd</sup> Monday at Central Park Pavilion - Chanute
- 6:00 PM
- Leader: Denis Hastings (620) 431-1824

### ♣ **Southeast Sunflowers**

- Meets 2<sup>nd</sup> Sunday at St. Paul Catholic Church Hall, St. Paul
- 5:00 PM
- Leader: Heather Vogel (620) 820-3729

### ♣ **Sunrise Challengers**

- Meets 2<sup>nd</sup> Sunday at St. Paul Fire Station, St. Paul
- 4:00 PM
- Leader: Cortney O'Brien (620) 717-1516

### ♣ **Willing Workers**

- Meets 1<sup>st</sup> Sunday at Canville Community Center, Chanute
- 6:30 PM
- Leader: Mara Jordan (620) 212-2794

## Woodson County:

### ♣ **3-in-1 Club**

- Meets 2<sup>nd</sup> Wednesday at Bressner Hall, Yates Center
- 4:00 PM
- Leaders: Angela Gaulding: (620) 625-2865

### ♣ **Eager Beavers Club**

- Meets 2<sup>nd</sup> Wednesday at Old schoolhouse north of Yates Center on Hwy. 75

- 7:30 PM
- Leader: Jessica Barney (620) 228-3510

### ♣ **Piqua Club**

- Meets 2<sup>nd</sup> Sunday at St. John's Parrish, Yates Center
- 7:00 PM
- Leaders: Beth Wille: (620) 468-2205

