**NEW** 4-H FOODS & NUTRITION RULE FOR FROSTINGS & FILLINGS AT THE FAIR

Please note that there is a *NEW* 4-H Foods & Nutrition Rule for the 2023 Kansas State Fair. The new rule is as follows: For food safety purposes, any entries with frostings and fillings must calculate the amount of sugar in the frosting/filling recipe only. Calculation must be attached to entry, or the placing will be lowered one ribbon when judged. Frosting and fillings need to contain more than 65% sugar for safety. Examples on how to calculate this percentage are included in the publication located at: https://bookstor e.ksre.ksu.edu/pubs/MF3544.pdf.

**4-H DISCOVERY DAYS**

Kansas 4-H Discovery Days will be held on the KSU campus June 7 - 9th, 2023. THE 100th ANNIVERSARY OF DISCOVERY DAYS! This event is for youth ranging in age from 13-18 years old. It will cost $210 plus some possible special fees for certain class sessions. We have almost 40 amazing sessions to choose from but some are limited in size, so get registered as soon as possible. For all the information and registration visit: kansas4-h.org/events-activities/conferences-events/discovery-days/index.html. The last day to register for this event is Monday, May 15th.

**EXPLORE YOUR SPARK! THROUGH 4-H PROJECTS**

For each 4-H project, a Explore Your Spark! fact sheet is available. Each fact sheet provides ideas of what you can do or learn as a beginner, intermediate, or advanced youth in the project. Also included are events, curriculum, resources, 4-H Record Keeping, Project Exhibit Ideas, and how to expand your experiences through other 4-H projects. Fact sheets are available under each 4-H project at: kansas4-h.org/projects/.

**WIN A BUCK! ESSAY CONTEST**

Locust Hill Lamanchas of Fort Scott wants to encourage expansion of the dairy goat project by giving away a buck kid to one lucky 4-H'er from the Southwind District. Youth must write an essay expressing what their plans would be for the buck. Essays are due to your local Extension Office by June 1. Locust Hill will contact the 4-H'er with the best essay to arrange for pick-up. If you have questions, contact Sue Reinecke at 620-223-2362.

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**SUMMER ACTIVITY FUNDS AVAILABLE**

Did you know you can complete an application for a scholarship to attend summer 4-H activities? Well you can! Stop by your local Extension Office and pick up an application or find the form online at: https://www.southwind.k-state.edu/4-h/scholarships/index.html.

**4-H FAVORITE FOOD SHOW CONTEST**

This contest is an opportunity for youth to share their favorite food while learning about menu planning, selecting a theme and a table setting. A judge will ask each exhibitor questions about their selections. The event will be held on Friday, June 2nd at 2:00 p.m. at the Iola Extension Office. Doors open at 1:30 p.m. for table set-up. There are three divisions: Cloverbuds (5-8 years of age), Juniors (9-13 years of age), and Seniors (14 years of age and up). The top two in the Junior and Senior Age Divisions per county are eligible for the Southeast Area Favorite Food Show in Emporia on June 27th. Registration is covered for all youth eligible to attend by a generous sponsor, DeAnn Hauser.

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Chad Babcock          Chloe Daniels  
Carly Dreher           Taylor Elsworth 
Joe Foulk, Jr.         Andrew Heck    
Mallory Heim           Brady Heck     
Alexis Marchiano       Leah Mueller   
Gracie Palet           Mia Pemberton  
Molly Proper           Gabriella Sharp 
Trey Sommer            Courtney Spoon 
Jesse Stockerbrand     Gennie Vitt    
Lillian Westhoff       Luke Wicoff   
Cody Wille

**4-H**

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**CONGRATULATIONS**

2023

Southwind 4-H News

**CLASS OFF**

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**DEGROFF DAYS**

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**INSECT SPECTACULAR**

It’s time to get registered for the 31st Kansas 4-H Insect Spectacular, which will be held Friday and Saturday, June 16-17. The event will be held in and around Manhattan & Wamego, KS. This event is open to all youth and adult volunteers interested in 4-H entomology! One parent/guardian from each family must register and attend with children. Learn about collecting, storing, identifying, and pinning your insects for exhibit. This year’s event features a guided tour of the K-State Insect Zoo, collecting in the K-State Gardens, and a night hunt at Tuttle Creek! All levels of experience are encouraged to attend, from beginning to advanced. This is a fun event, designed to encourage curiosity and the sharing of knowledge. For event info, and to register, visit: https://bit.ly/2UewHuq. Registration closes May 26.

**ENTOMOLOGY PROJECT MEETING**

The next Entomology Project Meeting will be May 20th at 1:30 p.m. It will be at 2447 40th Road, Humboldt, Kansas. We are going insect collecting! Bring your nets and kill jars. I plan on putting out several different types of insect traps the week before this meeting to see what we can attract. If the weather is bad, we will meet at the Iola Extension Office to pin and identify insects. I will send out an email that morning if we are going to meet in Iola. Be sure to bring Tick Repellant and wear long pants and tennis shoes. If you have any questions please call Vicky at (620)804-9170.

**STATE 4-H LIVESTOCK TEAM SELECTION**

Southwind is allowed 4 teams; 16 individuals at all state 4-H judging contests. The 4-H livestock teams will be selected by scores and participation in the following:

- Southeast Area Contest
- Allen, Bourbon, Neosho and Woodson County Fair Contests (must participate in at least one)
- Attendance in at least 3 practices before the County Fair

To be clear, each county will submit their top 4 individuals from the above events, which will give us 16 individuals eligible for the 4 teams during the Kansas 4-H Livestock Sweepstakes weekend. From those 16 youth, composite teams will be determined based on contest scores, practice participation and agent/coach discretion. Please note: To be eligible for an out of state trip, participants must be 14 years or older as of January 1.

**4-H WEBINARS BENEFIT LIVESTOCK AND HORSE PROJECTS**

The Kansas 4-H Animal Science Webinar Series and the Kansas 4-H Equine Webinar series is designed to give Kansas 4-H’ers an opportunity to learn more about the livestock and horse industry, career opportunities, good animal husbandry practices and safety skills. Equine webinars are posted the third Monday of the month and Animal Science webinars are posted the fourth Monday. For more information, visit the Animal Science Webinar page: kansas4-h.org/projects/animal-science/animal-science-webinar-series.html or the Equine Webinar page: kansas4-h.org/projects/animal-science/horse/equine-webinar-series.html.

**KANSAS STATE FAIR 4-H HORSE SHOW**

As part of the qualification requirements for the Kansas State Fair 4-H Horse Show, members must complete the Horse Safety Webinar and pass the quiz. They will both be available on the Kansas 4-H Equine Webinar page http://bit.ly/3zbnSXc on Monday, May 1st. They must be completed prior to the entry deadline (August 1, 2023).

**STATE LIVESTOCK NOMINATION**

Information and resources regarding the state livestock nominations process can be found at: https://www.asi.k-state.edu/extension/youth-programs/nominated-livestock/. Exhibitors planning to show at KSF/KJLS need to be aware DNA Envelopes for state livestock nominations need to be ordered in advance. Deadline to order envelopes for small livestock is June 5th. PLAN AHEAD don’t wait until the last day to order envelopes. Both State Shows require DNA on all market animals and non-registered females to be eligible for show.

**VET MED ROCKS SUMMER CAMP**

Kansas State University's College of Veterinary Medicine is hosting Vet Med ROCKS, a series of day camps for youth where students will participate in hands-on learning with veterinary medicine students and faculty, July 30-Aug. 2. For more information visit: vet.k-state.edu/admissions/rocks/.
STATE 4-H HORTICULTURE JUDGING
The State 4-H Horticulture Judging Contest will be held on Saturday, August 12, 2023, in Manhattan, Kansas. The contest is hosted for the day by the Department of Horticulture and Natural Resources. For more information visit: kansas4-h.org/events-activities/contests/horticulture-judging/index.html.

ROCK SPRINGS 4-H CAMP
Kansas 4-H Foundation decided to open Rock Springs registration up to anyone who wants to attend summer camp. You may select any date you would like to attend and register with Rock Springs. Those dates and registration can be found at: https://www.rockspringsranch4hcamp.org/. Families are now responsible for transportation as well. You can go on the Southwind website under the tab 4-H Scholarships and fill out the Southwind 4-H Event Scholarship Form online.

TEN 4-H EXCHANGE PARTICIPANTS HEADED TO KANSAS
Kansas 4-H will host ten youth from Norway from June 25 to July 19, 2023, in an exchange for 4-H teens and their chaperones. Host families have been identified in the following Extension Units: Cottonwood, Southwind, Walnut Creek, and Wildcat Districts, and Geary, Johnson, and Pratt Counties. One family is still needed to host the male chaperone from June 25 to July 4.

ALLEN COUNTY NEWS

ALLEN COUNTY 4-H COUNCIL
Allen County 4-H Council will meet June 21, 2023, 7:00 p.m. at the Southwind Extension Office in Iola.

ALLEN COUNTY FAIR
Allen County Fair is scheduled for July 27-30, 2023.

FRIENDS OF 4-H AND STYLE REVUE
Friends of 4-H and Style Revue July 25, 6:00 p.m. at the Iola High School.

BOURBON COUNTY NEWS

BOURBON COUNTY 4-H COUNCIL
4-H Council will meet Wednesday, May 17 at the Hubenett Pavilion. This will be the last meeting before the Bourbon County Fair.

PETS & LIVESTOCK PROJECTS
Medicalodges Fort Scott would like to invite 4-Hers to bring their pets or small livestock project animals to a petting zoo Wednesday May 17th anytime between 3:00 – 5:00 p.m. We will have an area to display your animals. This will give you a great record book opportunity and a chance to meet some great people who live here. If you have any questions please call Lynette Emmerson at 620-704-2315.

BOURBON COUNTY FAIR 2023
Bourbon County Fair is scheduled for July 15-22, 2023. The Fair theme is “Come Glow with 4-H”.

BOURBON COUNTY FAIR PAPER
The 2023 Fair Paper was published in the Fort Scott Tribune on Saturday, April 29th. The schedule will also be located on the Southwind website under Fair/Bourbon County Fair by May 1.

FASHION REVUE JUDGING AND PUBLIC STYLE REVUE
Attention: Both events will be held at the Fort Scott Community College Round Room. More information and times will be e-mailed to all Clothing and Textiles project members.

PUBLIC STYLE REVUE VOLUNTEERS NEEDED
We will need script narrators and ushers at the County Fair Public Style Revue on Thursday, July 20th. Any 4-H’er can volunteer you so not need to be enrolled in the clothing project. Please contact Jennifer at jkterrell@ksu.edu or call 620-223-3720.

NEOSHO COUNTY NEWS

NEOSHO COUNTY 4-H COUNCIL
4-H Council will meet on May 21, at 5:00 p.m. in the Neosho Valley Event Center in Erie.

POULTRY PROJECT MEETING
A poultry project meeting will be held on Monday, May 8th at 6:00 pm at the Neosho Valley Event Center - Neosho County fairgrounds in Erie. Cody Garten, project leader, will cover showmanship tips, fair preparation and answer general questions. If you have questions, please contact Cody directly at 620-432-1188.
SCHOLARSHIP DEADLINES
The Copeland Scholarship and the Neosho County 4-H Development Fund Scholarship applications are due into the Extension office by Friday, July 1, 2023. Remember, both of these scholarships are available to Neosho County 4-Hers only! Apply today!

NEOSHO COUNTY FAIR 2023
Neosho County Fair is scheduled for July 20-24, 2023. The Fair theme is “Sunflowers and Sunsets”.

NEOSHO COUNTY FAIR PAPER
The 2023 Fair book will be located on the Southwind website: southwind.k-state.edu under Fair/Neosho County Fair by May 1.

CLEAN-UP BEFORE FAIR ASSIGNMENTS
All buildings must be ready by Monday, July 17th.
Best Yet: Beef Barn
Hillcrest: Show Arena and Poultry Barn
Jolly Go Getters: Neosho Valley Event Center
Jolly Jayhawkers: Sheep/Hog Barn/Wash Racks
Sunrise Challengers: Bath House
Neosho Valley Busy Bees: Open Class Building
Southeast Sunflowers: Dairy/Goat Barn
Willing Workers: Horse Barn/Arena

4-H SHOWCASE
Neosho County 4-H Development Fund will be sponsoring the “4-H Showcase” at the county fair. We had great participation last year and are anticipating the same in 2023! Booth theme should showcase 4-H promotion. This could be a display about joining 4-H, a particular project or a community service activity that the club has participated in. Cash awards will be paid as follows:

1st place - $500
2nd place - $400
3rd place - $350
4th place - $300
5th place - $250
6th place - $200
7th – 8th place - $100

WOODSON COUNTY NEWS

WOODSON COUNTY FAIR
Woodson County Fair is scheduled for July 14-19, 2023.

TO ALL OF OUR 4-H MOM’S