

Aging with Attitude Regional Expo

A one-day expo providing inspiration, answers to questions, and information to make the most of life!

9 a.m. to 3:30 p.m. Friday, April 26, 2019
Community Christian Church
1919 Horton Street, Fort Scott Kansas



Keynote Speaker:

Patty LaRoche

What Matters Most

Learning contentment is a life practice that can be difficult to master. There is hope; the answer comes when we understand our inherent value and refuse to allow circumstances to determine our self-worth.

- Addressing the Opioid Crisis Panel Discussion
- Scams Against Seniors
- Living a Full Life with Partial Sight
- Addressing the Opioid Crisis, Expanded
- Veterans' Benefits for Spouse and Dependents
- Garden at Any Age
- Helping You and Your Family through a Tough Farm Economy
- Get Beyond "I'm Fine"

Registration fee is \$15 per person and includes lunch, sessions, prizes, and resource fair. Advance registration due April 15.

For more information, please contact

M. Gayle Price, 620-820-6123, or your local extension office.

www.agingexpo.ksu.edu



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Educational sponsors of this program include:

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