Your Amazing Brain – Keeping it Active

Many things we do in our daily activities are done through habitual routines. Our brains aren’t required to use much brain power to accomplish those tasks.

Join us in learning why it is important to challenge and stimulate our brains on a regular basis. Discover the elements the brain requires to maintain and optimize its current and future health.

Thursday, March 10th
1:30 p.m.  - Neosho County Community College, Cafeteria – Cleaver Family Community Room 800 West 14th Chanute, KS 66720

Co-sponsored by NCCC RSVP  620-432-0422