

# THE EMPOWERED CAREGIVER

An education program presented by the Alzheimer's Association®

## A Two Part Series

**Tuesday, October 7<sup>th</sup> & 14<sup>th</sup>**

**6-8pm**



Caring for someone living with dementia brings a unique set of challenges and rewards. Learn to navigate the responsibilities of middle and late stage caregiving in this education program.

### Topics in the program include:

- » Building foundations of caregiving.
- » Supporting independence.
- » Communicating effectively.
- » Responding to dementia-related behaviors.
- » Exploring care and support services.

Brought to you by  **K-STATE** | Southwind District  
Research and Extension

**Tuesdays, October 7<sup>th</sup> & 14<sup>th</sup>, 6-8pm**

**K-State Extension Meeting Room  
1006 N. State Street, Iola, KS**

**A meal will be provided,  
Please RSVP to 620-244-3826**

Visit **alz.org/CRF** to explore additional education programs in your area.

**ALZHEIMER'S  ASSOCIATION®**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Tara Solomon-Smith four weeks prior to the start of the event at 620-244-3826 or [tsolomon@ksu.edu](mailto:tsolomon@ksu.edu). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**