Reduce Food Waste: On Earth Day + Every Day

Did you know reducing food waste is good for both the environment as well as your wallet? Join Nutrition, Food and Health Agent Clara Misenhelter on Earth Day to learn how you can reduce food waste!

Learn About:

- The issue of food waste
- Meal planning
- Reducing a recipe
- Strategic grocery shopping
- Proper food storage
- Extending the life of food
- Checking food product dates

Yates Center
April 22nd, 12:05 PM to 12:50 PM
Woodson County Ambulance Building
114 N Main Street

Iola
April 22nd, 5:15 PM to 6:00 PM
Southwind District Office
1006 N State Street

Questions? Contact:
Clara Misenhelter
620-365-2242
clarawicoff@ksu.edu

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