We sometimes walk into a room and wonder why we are there. You, too?

Join Barbara Stockebrand, Southwind District FCS Extension Agent, at a virtual three-lesson series about memory.

• You’ll understand how memory works
• Identify ways to improve your memory
• Pinpoint things in everyday life that may affect your memory

Call the Southwind Extension District Yates Center office: 620-625-8620 to register or for more information.

March 4, 11, 18
6:30 – 8:30pm
via Zoom.
No fee for this class!