

Tap to Togetherness

- Positive family development
- Tap dance instruction
- Age range 2-6 years old
- Families participate together
- Goals
 - Learn about different ways of moving.
 - Incorporating music and dance into their daily lives
 - Practicing healthy behaviors

Some Reminders

- This is not dance class
 - Healthy
 - Fun
 - Family Engagement
- Mastery is not the goal

Basic Steps/ Music

- Stomp and Stamp Step

- <https://www.youtube.com/watch?v=yCMkj-LiIPQ>
- <https://www.youtube.com/watch?v=-1Ious59qPo>
- <https://www.youtube.com/watch?v=OFb0EUIkYac>

- Singing in the Rain

<https://www.youtube.com/watch?v=D1ZYhVpdXbQ>

Basic Steps

- Step and Clap Step

- <https://www.youtube.com/watch?v=a-15PIJNpyE>

- Conga Salsa Reggae

- https://www.youtube.com/watch?v=fZ4JdQWh_jY

Basic Steps

- Shuffle Step

- <https://www.youtube.com/watch?v=7D582WY2Et4>

- Spoonful of Sugar

- https://www.youtube.com/watch?v=vLkp_Dx6Vdl

Tap to Togetherness Technology Influence

- Play music
- Learn some of the dance steps.

Tap to Togetherness

- Bring music and dance into the home.
- Get the energy out (among children) and then go on with evening process.
- Adults rekindle their former interest in dance and enjoy dancing with their children
- Improvement in child motor skills, balance, and the ability to follow directions

Tap to Togetherness- Video

- <https://www.youtube.com/watch?v=ih-VpWM5z38&feature=youtu.be>

Presenting

- Learning and knowing the steps
- Have fun, be creative, and be very engaged with the audience.
- Have a way to play music
- Evaluation

Audience? FCE Award?

Audience

- Library/ Story Hour
- Parents as Teachers
- Head Start

FCE Awards

- Educational
- Leadership
- Action