Become a Master Food Volunteer!

K-State Research and Extension is excited to offer a program for people who love to cook, are passionate about nutrition, health & wellness, love to learn and want to give back to the community.

What are the benefits of becoming a Master Food Volunteer (MFV)?

- Develop new avenues for serving the community.
- Meet others who share a passion for food.
- Participate in classes, by either leading or assisting, to teach others about food.
- Learn up-to-date practices on food safety and nutrition.
- Take your knowledge of food to the next level.
- Have a great time doing something you love!

What is required of MFVs?

- Volunteers go through a 40-hour training course, taught by district Extension professionals, K-State Extension Specialists and industry professionals.
- After training, volunteers give a minimum 40 hours of service back to the community under the guidance of their county or district K-State Extension Agent.
- Volunteers must enjoy working with youth and/or adults and be willing to share their love of food through various food-related projects and events.
- If you own or work with any food-related business, you cannot promote those products as a Master Food Volunteer.

How do I apply?

- Application forms are available online at www.southwind.k-state.edu or by calling (620) 365-2242.

When do training classes meet?

- The course is online from January 17th to February 25th and you can work at your own pace.
- In addition to completing the online course, you will be required to attend at least two out of three hands-on trainings. These trainings will be held on January 17th in Mound City, February 7th in Iola, and February 14th in Girard from 10 AM to 2:30 PM.

For more information, contact:
Clara Wicoff
Nutrition, Food and Health Agent
(620) 365-2242
clarawicoff@ksu.edu
K-State Research & Extension Master Food Volunteer Application

There is a $120 fee to complete the online course and become a Master Food Volunteer. The fee includes the cost for technology, background check, apron, nametag, and teaching supplies for this training. Serious applicants only, please.

INSTRUCTIONS: Please print neatly or type and return with payment to Clara Wicoff at 1006 N. State St., Iola, KS 66749. Once your application has been received, we will contact you to arrange an informational interview the week of December 5th to answer questions and review program requirements.

Name (print): ___________________________________________ Date of application: _______ County: __________
Address: ________________________________________________ City: __________________ Zip Code: ____________
Phone (day): ___________________ Phone (evening): _________ Email: ____________________
Years of food experience: _________________________________

Why do you want to become a Master Food Volunteer?
__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________

How did you learn of the Master Food Volunteer program?
__________________________________________________________________________________________

Types of food/nutrition experience and related training:
__________________________________________________________________________________________
__________________________________________________________________________________________

List areas of specialties or hobbies related to food/nutrition:
__________________________________________________________________________________________
__________________________________________________________________________________________

List experiences in working with the community, schools, churches, youth, senior citizens, etc.
__________________________________________________________________________________________
__________________________________________________________________________________________

Please list any group affiliations related to food/nutrition:
__________________________________________________________________________________________
__________________________________________________________________________________________

Signature: ___________________________________________ Date: __________________

Applications are due Thursday, December 1, 2022.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting Clara Wicoff two weeks prior to the deadline at clarawicoff@ksu.edu or 620-365-2242. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
K-State Research and Extension is an equal opportunity provider and employer.